

**INSIDE:**



See Spidey on Dec. 23: Pg. 3



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Thanks Bartle & Gibson: Pg. 5

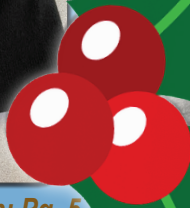


Odd Job Squad delivers: Pg. 6

since 1962  
**Inclusion  
NWT**



since 1962  
**Inclusion  
NWT**



MERRY & BRIGHT



**PHOTO CONTEST:**

CHELSEY MAKARO displays some of the prizes available to one lucky household in the Inclusion NWT Healthy Families Challenge! Share a photo of a peaceful place or rejuvenating activity by Dec. 31st! **Please see Pg. 2**

We provide lifelong support for individuals with disabilities and their families in the NWT, since 1962.

**inclusion nwt newsletter**  
**12/22/2021**



Inclusion NWT: (867) 920-2644 • [info@InclusionNWT](mailto:info@InclusionNWT) • [www.InclusionNWT.ca](http://www.InclusionNWT.ca)



# Snap a photo of a place or activity that helps your family stay positive

*Photo challenge inspires families to make healthy choices, to give kids our best*

by Inclusion NWT staff

AS THE CLOCK TICKS toward the Dec. 24th deadline, life can get a little hectic at Santa's Workshop.

Before any elf pops under the pressure, Mrs. Claus encourages everyone at the North Pole to practice moments of self-care. That way, everyone can share the festive kind of head space from which to inspire with mirth and magic.



## What helps you see the world through joyful eyes?

Meanwhile in the subarctic, the Inclusion NWT Healthy Families Photo Challenge is heeding Mrs. Claus' wisdom by inviting people across the NWT to share a photo of a place or activity that helps members of their household to reconnect, recharge and refresh. That way, they can be the best big person to the little people in their lives.

## Share your ideas, feel inspired, and win a prize!

This photo challenge isn't just for parents. Siblings, grandparents, cousins, aunts, uncles, 'bros and BFFs are all part of creating a healthy, nurturing environment for our youth.

• Make bannock while you swap memories with a friend

- Dive into the deep end and swim away your stresses at the pool
- Leave the phone at home and walk the dog across the Canadian Shield
- Northern lights or not, peer up at the sky and let your mind drift on the breeze
- Budget half an hour for that beading project (even if it won't be finished until September 2023)
- Choose a board game or other group activity to share without alcohol or other substances
- Take a break from your to-do list to go out on the



**SHARE AN IMAGE** of your favourite local spot to hike.

land like you used to

Take a picture of your favourite place or activity and submit it to the photo challenge at [www.nnsl.com/contests](http://www.nnsl.com/contests). Contest closes at midnight on

December 31st.

The most eye-catching photos and inspiring activities will earn one household a bundle of fun prizes for the whole family!

PARENT • SIBLING  
GRANDPARENT • COUSIN  
AUNT • UNCLE  
'BRO • BFF



ENTER ONLINE  
DECEMBER 17TH - DECEMBER 31ST  
Reconnect. Recharge. Refresh.



Inclusion  
NWT

Inclusion NWT clients,  
staff & their families  
are invited!

# Movie Day!

**SPIDER-MAN**

No Way Home @ Capitol Theatre

Thursday  
December 23rd

Doors open  
at 12:30pm

Our treat!  
**1 popcorn**  
**1 pop each**  
(concession  
closed)

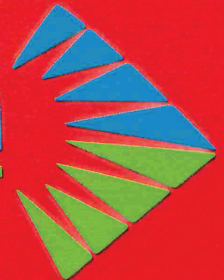


## What you will need:

1. Proof of Covid vaccination for ages 12-adults
2. Photo ID (adults)
3. Please arrive at the theatre between 12:30pm & 12:50pm with your whole group.
4. Clients/staff MUST RSVP by noon **TODAY!**  
920-2644 • [info@InclusionNWT.ca](mailto:info@InclusionNWT.ca)

Courtesy of your  
friendly neighbourhood

since 1962  
**Inclusion**  
**NWT**



with  
**SPECIAL  
THANKS**

to:

**The Diavik  
Diamond Mine  
Community  
Contribution  
Fund**

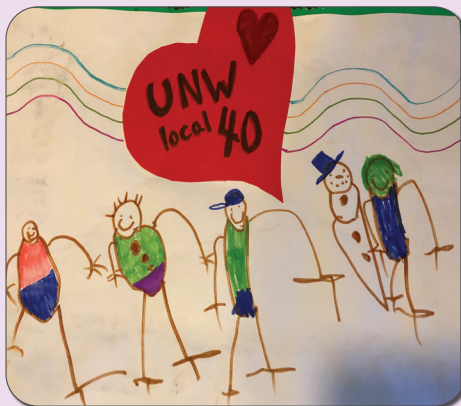


**KINETA MICHEL AND JUSTINE CUVELIER** attend a previous movie day at Capitol Theatre, alongside colleagues, staff, friends and family.

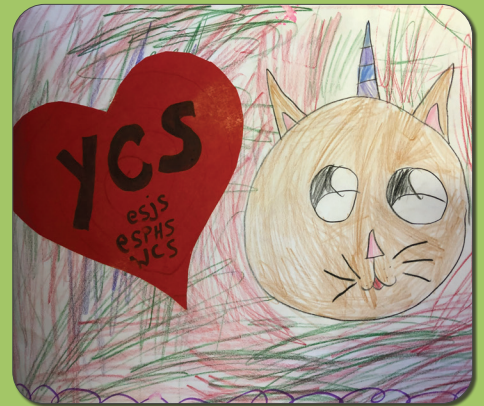
## be our bauble buddy!

Donate \$25 or more in support of Inclusion NWT services now through December 23rd and we'll hang a personalized festive bauble in our office window at the Abe Miller Building on 53rd St.

Make a shout-out to a colleague, include a favourite quote or simply pronounce your support for Inclusion NWT loud and proud!



## BOARD NOTES



**INCLUSION NWT** Supported Living clients and elementary students from Weledah Catholic School, École St. Joseph School and École JH Sissons School created our Bauble Buddy decorations. To view more Bauble Buddies, please see pg. 10.

## THANK YOU, YCS!

**FLANNEL FRIDAYS**, a.k.a. casual Fridays, participants with the Yellowknife Catholic School Board (YCS) raised more than \$7,000 in support of Inclusion NWT.

Thank you so much for your support, commitment and generosity, YCS!

## COOL FUNDRAISER

**THIS WINTER**, Yellowknife Catholic Schools (École St. Patrick High School, École St. Joseph School and Weledah Catholic School) participated in the Minus 30 Contest fundraiser.

Staff raised \$520 in support of Inclusion NWT.

Congratulations to the two winners, who correctly predicted the date the mercury hit -30°C this year:

- **Betsy Lucko**  
(Weledah Catholic School)
- **Kim Archer**  
(École St. Joseph School)

A big thank you to all the YCS staff who participated!

Watch for YCS schools to launch their It's Finally Zero Again Contest fundraiser in the new year!

# THANKS

## bartle & gibson

plumbing | Heating | Electrical

by Inclusion NWT staff

**COZY TUQUES** for members of The Odd Job Squad arrived as a welcome gift from Bartle & Gibson in December, just in time for -40°C temperatures.

The local plumbing and electrical firm was the



first business to hire The Odd Job Squad back in spring of 2018.



Inclusion NWT provides lifelong support for individuals with a disability & their families in the NWT, since 1962. Email: [info@InclusionNWT.ca](mailto:info@InclusionNWT.ca)

# Joy!

Wishing you Love & Mirth!  
From clients + staff @



Inclusion NWT



\*maskless photos taken prior to 2020 Visit [NNSL.COM/contests](https://www.nnsnsl.com/contests) to participate in our Healthy Families Challenge. Deadline Dec. 31st, 2021

**THERE IS STILL TIME  
TO GET YOUR TREE  
FROM YK SCOUTS!**



**Odd Job Squad available to deliver your tree until Dec. 22nd**

*by Inclusion NWT staff*

**THE YK SCOUTS** have a few lovely trees left in stock this week! Support the Scouts and pick up your tree today! Don't forget to ask the volunteers about Odd Job Squad delivery! The Scouts Xmas Tree Stand is open today and tomorrow from noon to 2pm and 6pm to 8pm in the Co-op parking lot.

Have a very merry Christmas!



**PHOTOS – TOP:** Sam Pameogorak and Chris Strus load a tree. **BOTTOM:** Kelton Broome completes a work-shift.

PARENT  
SIBLING  
GRANDPARENT  
COUSIN  
AUNT  
UNCLE  
'BRO  
BFF



ENTER ONLINE

DECEMBER 17TH -  
DECEMBER 31ST





## THE ODD JOB SQUAD stats for November

*THE ODD JOB SQUAD seeks to assist under-employed individuals who self-identify with a disability to derive a small income from one-time or short-term work while they search for permanent employment.*

**TEXT THE HOTLINE:  
(867) 445-6967**

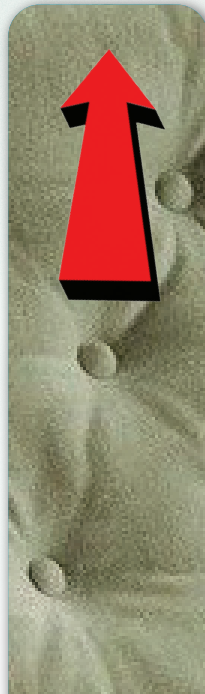
*Book 24 hours+ in advance*



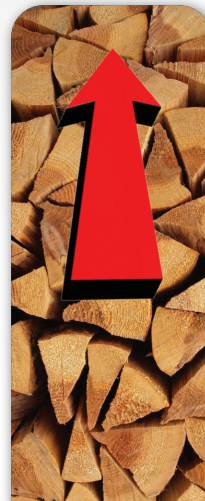
**DUMP  
RUNS**



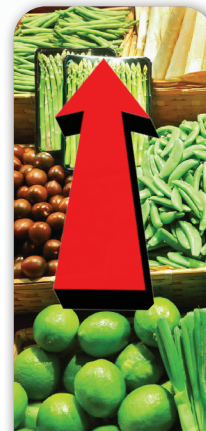
**LAWN CARE**  
(shoveling snow,  
hauling gravel,  
raking etc.)



**SMALL  
FURNITURE  
MOVES/  
DELIVERIES**



**MISC.**  
(wood-stacking,  
stringing Xmas  
lights etc.)



**ONLINE  
GROCERY  
ORDER  
PICK-UPS**



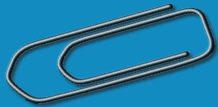
**SPECIAL  
PROJECTS**

**920-2644**  
CALL US IN 2022!

### HIRE OUR TEAM

Inclusion NWT supports individual employment in the community and also provides work opportunities through our Business Services Team. Our Business Services Team offers the following on a fee-for-service basis to businesses, organizations, government offices and the public:

- Courier delivery
- Poster distribution
- Document shredding
- Mail preparation
- & more...



### SPECIAL PROJECTS

The Team also accepts special projects, such as:

- Flyer delivery
- Mail preparation
- Affixing luggage tags
- Assembling conference kits
- Affixing promotional stickers



**CLARA TUTCHO, right, greets Caitlin Cleveland (MLA Kam Lake) at the Abe Miller Building in Jan. 2020.**

## Four MLAs hire the Team

**FOUR MEMBERS** of the Legislative Assembly saved time and energy in the lead-up to the holidays by hiring the Inclusion NWT Business Services Team.

Caitlin Cleveland (MLA Kam Lake), Rylund Johnson (MLA Yellowknife North), Julie Green (MLA Yellowknife Centre) and Caroline Wawzonek (MLA Yellowknife South) each hired the Team in December to deliver holiday greetings and newsletters door-to-door to constituents in their respective ridings.

"The Yellowknife South Office has been working with Inclusion NWT since 2019 to deliver all of our printed materials to constituents and have been really happy with our relationship," said Sarah Kalnay-Watson, constituency assistant for Yellowknife South. "They provide a wonderful service to us."



Julie Green



Caroline Wawzonek



Rylund Johnson

**THE BUSINESS SERVICES TEAM DELIVERS** 

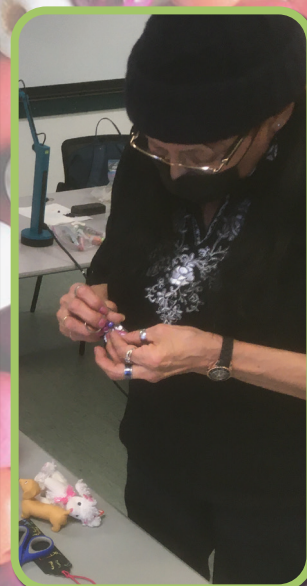
Goodbye November



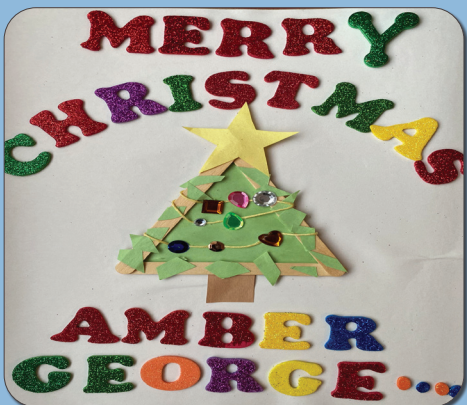
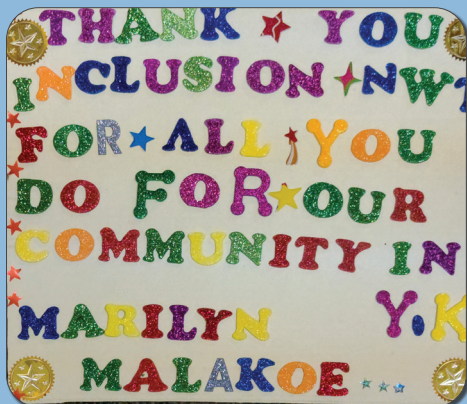
by Thomas Gagnon-van Leeuwen  
LOC Instructor

**AS A SPECIAL TREAT** on the last day of class before the holiday break, LOC student Susan Chaffee showed her classmates and instructor how to create beaded key-chains. It was a creative and colourful workshop!

Class resumes on Jan. 4, 2022. We still have spots available in the new year. If you or someone you know would like to improve their reading, writing and math, call Thomas at 445-3969 or email: [loc@inclusionnwt.ca](mailto:loc@inclusionnwt.ca).



# bauble buddies



The day kicks off with physical exercises conducted by Trust. The program is very popular with the clients, who get to interact among themselves and share a laugh. Terry Kuliktana often plays the piano.



**EVERY TUESDAY** and Thursday, some Inclusion NWT - Supported Living Clients gather at "The Blue House" for various educational activities throughout the day.

Under the tutelage of Team Leads Halima Ali, Trust Mashoro, Home Lead Lian Vilan and Skills Facilitator Bessie Orellana, the clients do design, object-construction, skill-testing games, puzzles, math and reading exercises.

(Last week, the team created Bauble Buddies decorations.)

At present we don't have many craft materials to work with. We accept donations of colouring materials, art paint and paper, simple games, puzzles of 100 pieces or less, to mention but a few.



From all of us at the Blue House: Merry Christmas.

~ Trust Mashoro