

**SUMMER
BUDDIES
program
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Visit for news and events...

**STILL STAND
2 METRES
APART**

**STILL COUGH INTO
YOUR ELBOW!**

since 1962

**Inclusion
NWT**

**ALWAYS
WASH HANDS
OFTEN FOR
20 SECONDS**

**IF NEEDED,
SELF-ISOLATE**
**ALWAYS KEEP
ACTIVE**

We provide lifelong support for individuals with disabilities and their families in the NWT, since 1962.

inclusion nwt newsletter
08/05/2020

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Inclusion NWT news

Disabilities legislation passed

JULY 21: Legislation was passed to give Canadian adults, youths and children with disabilities a one-time benefit of \$600 to help cover extra COVID19 costs.

The new benefit will go to people who receive the Disability Tax Credit, CPP disability payments and/or supports from Veterans Affairs Canada.

Included in the new, revised disability benefit legislation:

- 1-time federal \$600 benefit
- Expanded eligibility covers 1.7 million Canadians
- 60 days to apply for Disability Tax Credit (DTC) if not already approved

No need to apply for the 1-time benefit if you already have the DTC, CPP or Veterans disability. You will receive it automatically in the coming weeks.

Refundables pick-up service

THE ODD JOB SQUAD picks up refundable recyclables from your curbside for, through to fall.

Call/text: 867-445-6967



CLARA TUTCHO and her colleagues on *The Odd Job Squad* provide free lawn-care for seniors.

Free lawncare for seniors & shredding for businesses

Odd Job Squad extends complimentary services this month

by Inclusion NWT Staff

AS A THANK-YOU to residents for their loyal patronage, the Inclusion NWT Odd Job Squad will continue to offer several complimentary services throughout August and beyond.

Since June, The Odd Job Squad has shredded dozens of boxes of documents for local businesses, organizations and households and regularly mows lawns and trims edges for 15 seniors aged 65+ for free. Our list of customers is growing!

YK Motors donation!

Recent donations from Yellowknife Motors and private individuals allow In-



KATIE MILLER shreds documents free of charge.

clusion NWT to pay our clients for every hour of work, without charging customers.

Free shredding has been extended until the end of Au-

gust and free lawn-care for seniors will continue into the fall, in Yellowknife, Ndilo and Dettah.

"What makes us excited is that not only are we helping our community – our clients are busy all day, every day," said Donna-Marie Meserah-Zdyb, Skills Training & Community Inclusion Manager.

"Their days are just flying by because they have so much necessary work to do and they are proud to do it."

To arrange for shredding pick-up or drop-off, seniors' lawn care, or refundable recyclables pick-up, please text or call (867) 445-6967 or email: info@InclusionNWT.ca.



KAI SHIMADA DISPLAYS the Northern Pike he hooked alongside his sister, Lissa Shimada (clockwise from above left); LOC student Susan Chaffee demonstrates how to fillet; LOC students learn traditional Dene beading during one of several hands-on workshops; Chris Strus casts his line for another Pike.

Medicine walks, harvesting workshops, Dene crafting pack schedule at inclusive on-the-land literacy retreat

by Inclusion NWT Staff

STUDENTS WITH THE LITERACY OUTREACH CENTRE (LOC) took their classroom to the land during an inclusive three-day educational retreat hosted by Blachford Lake Lodge, July 3-5.

Funded in part by a grant from the NWT On The Land Collaborative, the hands-on curriculum introduced adult students to local plants and their uses, food-harvesting skills and traditional crafts, while showing respect for the land.

Individuals with intellectual disabilities, visual impairment or mobility challenges participated alongside Inclusion NWT staff and Lodge guides.

"Adult learners got to share their knowledge with their classmates and really ground their learning in the skills that have sustained people



here for generations," said Thomas Gagnon-van Leeuwen, instructor. "Students are excited to share what they learned by writing stories, how-to guides and a local plant guide."

A second group of clients visited the Lodge from July 26-28.

The trip was a Covid-19-appropriate social-distancing retreat that followed public health guidelines while offering a unique, outdoor-based experience.



SUMMER BUDDIES PROGRAM UPDATE:

by Inclusion NWT Staff

THE SUMMER Buddy Program is a COVID-safe alternative to the teen summer camp of previous years.

Participants from ages five to 19 are matched with a worker and they do a variety of fun activities together, as much as possible outside.

Sessions are staggered to ensure numbers are very low at the location. Some group

activity involving two clients with one or two workers take place as well.

Info: info@InclusionNWT.ca

Cover: Jesse blows bubbles with Jordyn (Facilitator); Clockwise from top left: Marshall and Kane visit the Range Lake School chicken and turkey coop; Sarina shows the Bug B&B she build alongside King (Facilitator); Darian plays piano with Colleen (Co-ordinator).





***I love my work in
supported living for
Inclusion NWT because***

I get to make connections with the clients and **unlock their potential to live a full life. I have autonomy but I never feel alone – **the staff is always there to support me.** I am always learning from clients and staff.**

— April Wu

Join our team as a supported living worker!

Email ed@inclusionnwt.ca to learn more.



by April Wu

BEING PASSIONATE about our work is something most of us aspire to. And I love my work with Inclusion NWT. I enjoy being a supported living worker for numerous reasons, and the top two reasons are the rapport with clients and support from colleagues.

Inclusion NWT is like a small, harmonious community composed of clients and staff like me. In our community, everyone is included equitably, treated respectfully, and encouraged daily.

Meaningful activities

Working here allows me to have the time to build connections with our clients, acknowledge each of them as a

whole person, support their decision makings, and fulfill their days with meaningful activities.

Often, I work in clients' homes and assist and teach them small daily tasks, such as making the bed, loading dishes, taking medications, etc.

But, all tasks are meaningful, as these things are the cornerstones to unlock clients' potential to live a full life and be self-sufficient, reflecting the philosophy of Inclusion NWT – supporting the independence of each client by not doing for them but doing with them.

Even though I work with clients on my own, I never felt I was left alone. The

staff support is always there. The management shows strong leadership and mentorship.

I can work with more confidence and satisfaction as I am listened to, acknowledged, and trusted. So, I have the autonomy to enable and empower my clients by assisting them in meeting their best interests and promoting their well-being.

I have seen my personal and professional growth progressively from learning from my clients and other staff.

If you are a compassionate, competent, and caring person, you are more than welcome to join our team.

**STAFF
PROFILE**



EmployABILITY

EmployABILITY strives to connect employers with workers who happen to have a disability. We provide a full range of employment services to individuals with any self-identified disability.

EMAIL: JUNE

- Job training, employment opportunities and life skills development for adults with disabilities
- Business Services
 - Recycling pick-up
 - Courier services
 - Mail delivery
 - Mail preparation
 - Document storage
 - General storage

Skills Training & Community Inclusion

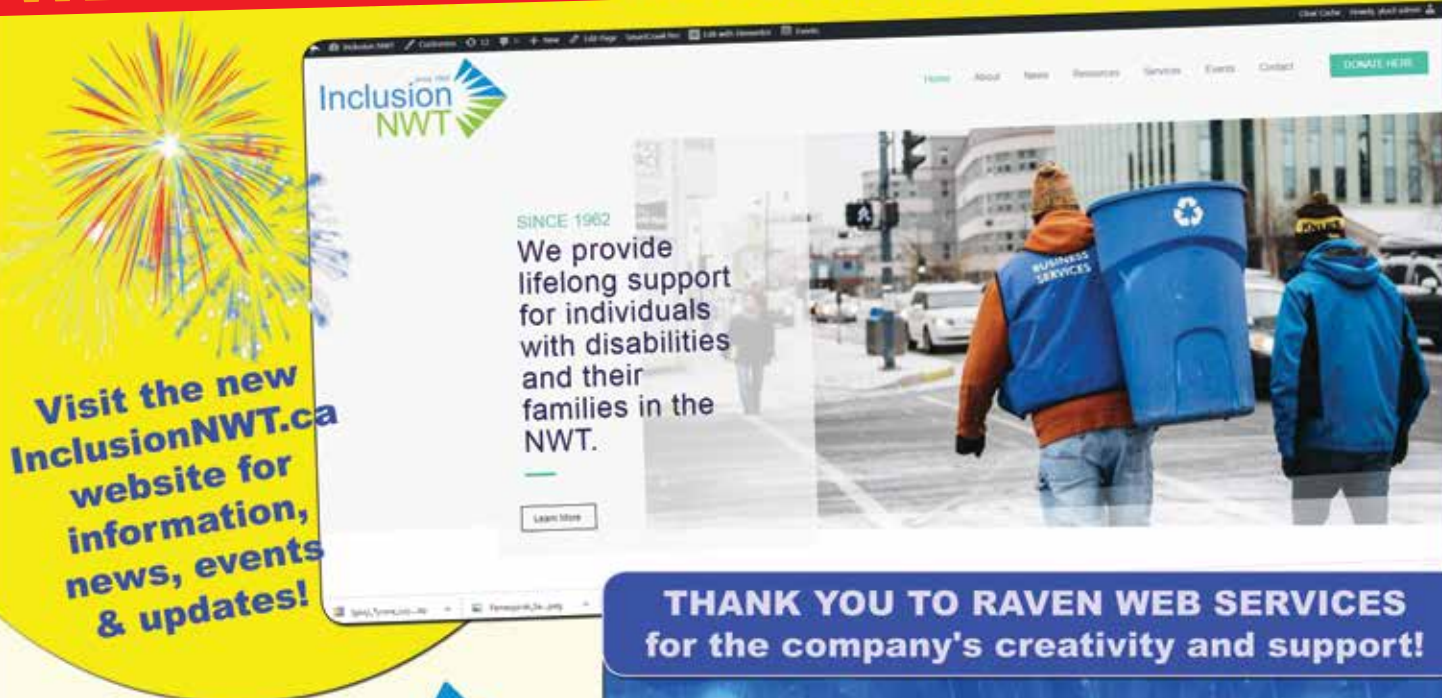
Employment Services

Family & Children's

Literacy Outreach Centre

Supported Living

WE'VE LAUNCHED OUR NEW WEBSITE!



Visit the new InclusionNWT.ca website for information, news, events & updates!

Inclusion NWT

SINCE 1962

We provide lifelong support for individuals with disabilities and their families in the NWT.

[Learn More](#)

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