

TAKE FLIGHT!

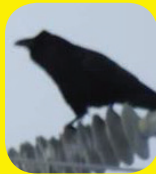
**Yellowknife RCMP, ESJS,
YK1 students and families
have registered flocks!**

INCLUSION NWT invites NWT residents to register your flock of five online while you compete in Gumbird Quest 2020 (April 25-May 9, 2020).

Instead of our 28th annual Gumbird Rally, Inclusion NWT has developed this new virtual FUNraiser to inspire the community as we welcome the return of spring and all its feathered friends during this period of social isolation.

Get your Gumbird Quest sheet at the end of this newsletter. Watch our social media and Inclusion NWT for our daily Bird Missions. For every bird on the list you or your flock finds, you earn a ballot in our many prize draws.

Have fun, practice safe social distancing and good luck!



SAM PAMEOGORAK spied a magpie during a birdwatching walk alongside Supported Living Worker Ghyslain Letourneau last week. Bird photos above were submitted as entries in the Gumbird Quest by Debra Davis (three at top) and the Birdbrain Superfriends flock (two ravens).



april newsletter 04/29/2020



INCLUSION NWT invites residents to register your five-member flock online while you compete in the Gumbird Quest (April 25-May 9)

InclusionNWT.ca

Inclusion NWT news



**Order your own
Inclusion NWT hoodie**

INCLUSION NWT hoodies are available for order for staff and client families!

Choose from seven colours (three shades of blue, charcoal, orange, black and grey) and select any size from small to 2XL. Features Inclusion NWT logo. Two styles available.

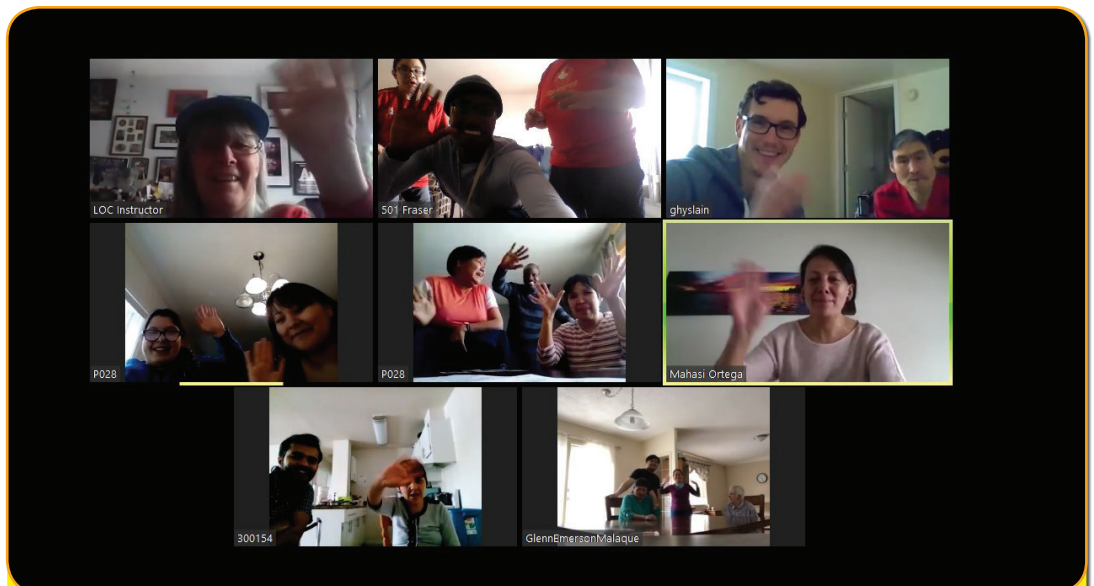
These quality hoodies cost \$30 each, shipping fees included.

Order before June 1.
info@inclusionnwt.ca

**Business Services Team
accepts shredding**

SHREDDING SERVICES and household refundable recyclables pick-up will now be offered by the Inclusion NWT Business Services Team.

Please text the team at 867-445-6967 to arrange a drop off.



VIRTUAL FUN!

Clients and staff gather online



by Inclusion NWT Staff

CLIENTS & STAFF are connecting online for fun and games during this period of social isolation.

Using ZOOM, we have organized bingo night, card shark game night and tomorrow a dance party!

Not all the activities are virtual! Individual households are shar-

ing puzzles and crafts and movie nights indoors. Outdoors clients and staff are walking and hiking.

All InclusionNWT Supported Living clients are keeping active alongside our staff.

Inclusion NWT offices are closed while staff continue to provide essential services to clients, with an abundance of caution.



Bertha Taylor visited Rotary Park with staff.

Where we are at.

We began recreating service delivery and isolation of supported living clients on March 13.

Adult Literacy Class

Our adult literacy program has been running since mid-March

- all class member have a group class online 4 mornings a week, have individual work and individual calls with the instructor once or twice a week.

Respite

Some workers and their clients are getting together by video or calls, and some are walking with clients. Other families are getting regular deliveries of activity packages, dropped off at their door. The packages are customized for each respite recipient.

Odd Job Squad

We aren't able to do the full range of Odd Jobs work which often don't allow for physical distancing. However, we will be able to do yard preparation when the snow is gone.

Supported Living

Clients are staying at home and have regular activities including school work, fitness sessions, daily walking, meal preparation and crafts. Each home has dedicated staff to minimize the risks to both staff and clients. Another team take care of all grocery and essentials shopping. Staff Jared who is also a chef created frozen meals which clients order for a treat supper day once a week.

Because we don't have group homes or congregated living or large groups, clients can be supported by a very small number of dedicated staff for their home.

Skills Training/Employment Services

Managers Donna and Junn are in regular contact with many of the clients who are staying at home. Some are receiving work packages and other support.

Letter from Lynn

AS WE ENTER OUR 7TH WEEK of staying at home, our first priority continues to be the safety of all our clients and staff.

We have modified our service delivery to provide as much support to all of our clients and families as we can, in some cases from a distance, while ensuring we take every precaution to stop the spread.

We are so incredibly lucky to have a team of staff who are doing everything they can to make this time easier for those we serve.

Some are working extended hours to ensure we minimize the number of staff needed for each supported living home. Some are working unusual hours to ensure that we operate with minimal contact with those we don't live with. Others are patiently waiting for their turn to be called to work in another service if staff need to isolate.

Our managers are working closely with each other as always, providing multi-service support for those who need it, and reaching out to clients.

I am also thankful for our board's support who without hesitation agreed to keeping all staff on with their regular pay, even before we knew there would be subsidies available.

We can only do this with our amazing team and this has allowed staff to focus on other important things in their lives.

Every day we look at how we are operating and try to find ways to better serve our clients and families in this time. This includes how we could still have fun with the Gumbo Rally, even though we can't all gather. We hope you enjoy Gumbird Quest 2020.

Stay home if you can.

Lynn

Executive Director

WILLOW
PTARMIGAN

BALD
EAGLE

COMMON
RAVEN

SANDHILL
CRANE

SNOW
BUNTING

DARK-EYED
JUNCO

HOUSE
SPARROW

HAIRY
WOODPECKER

NORTHERN
FLICKER

TUNDRA
SWAN

AMERICAN
WIGEON

COMMON
MERGANSER

CALIFORNIA
GULL

EASTERN
PHOEBE

RED-WINGED
BLACKBIRD

AMERICAN
ROBIN

RUBY-CROWNED
KINGLET

HOARY
REDPOLL



Gumbird
QUEST



ends May 9th



• Play for fun or enter to win fun prizes at InclusionNWT.ca

• Find the birds on the Gumbird Quest sheet and complete bird-missions on our website and Facebook, Twitter and Instagram pages

• Submit photo, audio or video entries to info@InclusionNWT.ca or by messaging our Facebook page

• For each bird documented and daily bird-mission accomplished, you and your team are entered in the prize draw

• Free to play! Team fundraising optional! Proceeds to support Inclusion NWT. Details at InclusionNWT.ca