



## JULY 6th GARAGE SALE!

by YKACL staff

**JOIN US** from 9am-11am on Saturday, July 6, for the YKACL Community Garage Sale!

Lots of treasures and bargains will be priced to sell! There is still time to reserve your own seller's table by calling us at: 920-2644.

Originally planned for Canada Day, the garage sale was rescheduled to this coming Saturday due to rainy weather.

The rain also resulted in the cancellation of the July 2 sale of Philippine cuisine prepared by chef Lian Vilan with assistance from YES Group members (Youth Employment Services).

The sale of Philippine cuisine continues on Tuesday, July 9, from 5pm-7pm, and every Tuesday throughout the Yellowknife Farmers Market season, weather permitting.

Poor weather didn't stop YKACL Supported Living clients and staff from enjoying lots of outdoor activities out in the community throughout the festive Canada Day long weekend!



**RON SANDERS, LEFT, LOIC BURNS AND KINETA MICHEL** collaborated on this sandwich board sign to promote the YKACL Community Garage Sale, scheduled from 9am-11am July 6.





To all our neighbours  
in Yellowknife,  
Ndilo, Dettah  
and beyond...

# WELCOME!



**W**hen property owners experience vandalism theft, and break and enter – they may weigh two responses:

1. Build fences and keep strangers out.
2. Build relationships and invite neighbours in.

The Yellowknife Association for Community Living is proud to choose the second path!

The Yellowknife Association for Community Living welcomes all our friends and neighbours to enjoy the lush and lovely Abe Miller Garden this summer.

Picnic around one of our handcrafted tables. Pause to sit and rest as you pass by on a stroll. Why not walk your dog through the yard each evening? (We provide a free doggie bag dispenser just in case you run out!)

Our award-winning garden promises to be spectacular again this year. Association clients and staff planted dahlias, marigolds, sunflowers and lots

of wildflowers. Willow sculpture, Great Slave Lake driftwood and some of the oldest rocks in the world decorate the area.

Unfortunately, the Association has experienced numerous instances of theft, vandalism and break and enters in recent months. We have a locked storage tent on the property for use by staff and clients. Trespassers have repeatedly broken in and damaged the structure, despite its lack of any valuable contents.

We believe more regular foot traffic in the garden will deter individuals who may wish to damage or otherwise disrespect the space.

Increased lighting and alarms have been installed in vulnerable parts of the property, as well.

Association clients and staff love our community and we welcome all our neighbours to enjoy the Abe Miller Garden as our guests.

**Please contact authorities if you witness any suspicious or criminal behaviour in and around the Abe Miller Garden.**



## YKACL news

### Condolences

**YKACL STAFF** extend sincere condolences to longtime past board-member and supporter Janet Diveky, following the passing of her late husband, George Diveky.

### Parent & Family Night on summer hiatus

**THE MONTHLY** Parent & Family Night gathering is on summer hiatus.

New discussion themes and special presentations are being prepared for the fall and winter sessions.

To be added to the contact list, email Vera Nesbitt, Manager of YKACL Family and Children's Services at:

[inclusion@ykacl.ca](mailto:inclusion@ykacl.ca)

### Paddle board with the Young Adults Group

**JOIN THE YKACL** Young Adults Group for an evening of paddle boarding on Back Bay! Meet at 6pm on Friday, July 19, at the Abe Miller Building (4912 53rd Street)

The Young Adults Group welcomes young people aged 19-30, with or without a disability.

For more information, or to RSVP, please call Michael at 920-2644.

The YAY Fusion! Teen Group is on summer hiatus until September.



**CLARA TUTCHO** waits for the city bus this past fall. Clara and many other YKACL clients have obtained free bus passes through the City of Yellowknife's Access For All Program. The program expanded to include transit passes in 2018.

## YKACL clients eligible to apply for free city transit and facility passes!

by YKACL Staff

**ONE WAY TO STAY ACTIVE** on a rainy day is to hop on a bus to the City of Yellowknife facilities, such as the pool or track.

For many YKACL clients, it won't cost a dime!

YKACL clients and their families are eligible to apply for free annual Flexipasses and Bus Passes through the City of Yellowknife's Access for All Program.

Families with a household income below \$50,000 and families with a person with a disability who may require adult accompaniment to access city facilities are encouraged to apply.

### This provides access to:

- Yellowknife Transit and Yellowknife Accessible Transit Service (YATS)
- All public and family activities at:
  - Ruth Inch Memorial Pool
  - Multiplex
  - Fieldhouse
  - All drop-in programs
  - i.e. Playtogether and drop-in sport



**TERRY KULIKTANA** uses the Access for All Program to access the track and exercise station at the Fieldhouse alongside YKACL staff.

**For more information,  
visit the City of Yellowknife website:  
[www.yellowknife.ca  
/en/living-here/Access-for-All.asp](http://www.yellowknife.ca/en/living-here/Access-for-All.asp)**





**ANNIE STRUS** posts a poster on The Wildcat Cafe bulletin board to promote upcoming Folk on the Rocks events. To hire the team, contact Donna Meserah-Zdyb, Manager of Skills Training & Community Inclusion, at 920-2644 (ext: 304).

## BUSINESS SERVICES TEAM UPDATE

by YKACL staff

**OUR BUSINESS SERVICES TEAM** distributed 370 posters in June for customers ranging from the Yellowknife Farmers Market to the Prince of Wales Northern Heritage Centre.

The team also completed 119 courier assignments and 74 recycling pick-ups.

The Business Services Team operates through the YKACL Skills Training and Community Inclusion Service for adults with intellectual disabilities (ST&CI).

The Business Services Team offers:

- Recycling pick-up
- Courier delivery
- Mail preparation
- Poster distribution\*
- Document shredding
- Special projects

Team revenue is paid in wages to the clients providing the service.

\*Within 8 business days

## ODD JOB SQUAD UPDATE

by YKACL staff

**FORTY CUSTOMERS** hired The Odd Job Squad in June, providing temporary work for 15 YKACL clients.

Employers included:

- Triton Property Management Services
- Gallery of the Midnight Sun
- NWT Montessori Society
- École St. Joseph School
- NWT Teachers' Association
- LCP Health
- Numerous households

The variety of jobs included yard work, moving furniture, painting, dump runs, pet waste removal, and gardening.

The Odd Job Squad is designed to assist under-employed individuals who self-identify with a disability to derive a small income from one-time or short-term work while they search for permanent employment.





**QUINN SAUNDERS, COMPUTERS FOR SCHOOLS** intern, left; student Julie White; Computers for Schools intern Amelia Romkey; Literacy Outreach Centre instructor Thomas Gagnon-van Leeuwen; and student Jerry Lockhart prepare one of the gardens for planting earlier this spring.

## DOWN TO EARTH EDUCATION

by Thomas Gagnon-van Leeuwen

**CLIENTS IN THE ADULT** Literacy class at the Literacy Outreach Centre worked on a vegetable garden throughout May and June.

This project has allowed the class to discuss the benefits of eating local, the importance of eating fruits and vegetables and the cost of healthy food.

It has also provided a chance to work

on reading, writing and math using a real-world project. Clients have kept a record of their work in their garden journals.

See below for the students' favourite excerpts from their journals:

**Julie White** (May 13, 2019): I planted sweet pea, my favorite flower.

I think that tomatoes will sprout in 12 days.

I think that kales will sprout in 6 days.

I think that lettuce will sprout in 6 days.

I think that Sweet Peas will sprout 6 days.

**Gilbert Beaudoin** (May 15, 2019): We planted the seed on may 9th. The lettuce sprouted around may

11th or 12th.

The kale also sprouted around may 11th or 12th.

The sweet peas sprouted today may 15th. The tomatoes sprouted today may 15th.

**Chris Strus** (June 10, 2019): We clean up around yard and we picked garbage.

We help to fill the planter with soil.

The weather is getting hotter and the sun is shining.

**Emma Moorhouse** (June 13th, 2019): Today my class edited the planter by adding nails and string in the form of a graph by tying the end of each piece, hammering the nails, bringing and planting the seedlings outside.

And putting them in newly made holes, and watering them with a watering can along with new plants then coming inside from the heat.

I might have made friends with a mouse?





**MEMBERS OF THE YES GROUP** (Youth Employment Services) prepared lumpia and pancit for sale on June 25 (above). The YES Group members included Kineta Michel and Ron Sanders, working alongside staff Jamaine Vilan and Lian Vilan.

Mabuhay!

Napakasarap nitô!

# LUMPIA!

**Lumpia – Filipino-style egg rolls: \$1 each (chicken)**

**Pancit – fried noodles and veggies: \$10 a plate (vegetarian or with chicken)**

**5pm-7pm (or while supplies last) Tuesdays**  
**in front of the Abe Miller Building (4912 53rd St.)**  
**during the Yellowknife Farmers Market**

**YKACL**  
Yellowknife Association for Community Living



# TEEN SUMMER PROGRAM 2019

REGISTER FREE! 920-2644

# July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Statutory Holiday (Canada Day)	2 Indoor Soccer at Yellowknife Fieldhouse	3 Canoe Adventure at Yellowknife Bay	4 Bouldering at Yellowknife Fieldhouse	5 Beach Day at Fred Henne Beach	6	7
8 Indoor Tennis at Yellowknife Fieldhouse	9 Archeological and Hunting program at Prince of Whales Museum	10 Picnic and tour at Trappers Lake Lodge	11 Dance play at Somba K'e Park	12 Games and Cookout at Yellowknife River	13	14
15 Yoga at Racquet Club	16 Bike Assembly Workshop at Canadian Tire	17 Dene Community Tour at Detloah	18 Picnic and hiking at Rotary trail park	19 Swimming at Ruth Inch Memorial Pool	20	21
22 Paddle Boarding at Yellowknife Back Bay	23 Outdoor Soccer at Fred Henne Park	24 Drive range golfing at Yellowknife Golf Club	25 Hiking and Bird Watching at Niven Lake Trail	26 Beach Day at Fred Henne Beach	27	28
29 Scavenger hunt at Old Town	30 Dance Class at Ptarmigan Studio	31 Frisbee and Picnic at Olexin Park				

# TEEN SUMMER PROGRAM 2019

REGISTER TODAY!

# August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Picnic at Yellowknife River	2 Barnacle & Ride at Old Town	3	4
5 Statutory Holiday (Civic Holiday)	6 Volleyball at Somba K'e Park	7 Traditional Games at Ptarmigan Studio	8 Ecology North at Yellowknife River	9 Swimming at Ruth Inch Memorial Pool	10	11
12 Fishing Workshop at Grace Lake	13 Dance Class at Ptarmigan Studio	14 Dinosaur Talk at Ptarmigan Studio	15 Yoga at Racquet Club Gym	16 Picnic at Fred Henne Park	17	18
19 Golfing at Yellowknife Golf Club	20 Treasure Hunting at Frame Lake Trail	21 Hay Ride at Northern Stables	22 Arts and Crafts at Somba K'e Park	23 Bbq and Games at Abe Miller Building	24	25
26	27	28	29	30	31	

Yellowknife Association for Community Living • (867) 920-2644 • [info@ykacl.ca](mailto:info@ykacl.ca) • [www.ykacl.ca](http://www.ykacl.ca) • [facebook.com/ykacl](https://facebook.com/ykacl)